



## February 2007

**February 27, 2007**

**General Meeting,**

**Appetizers & Socializing until  
assembly at 7 PM.**

*Big changes are coming for the  
monthly diners.*

*Look to your e-mail for more  
information and details on the  
upcoming meal*

COST: \$22.50 per person  
(price includes drinks)

**6:00 PM Social Hour**

**7:00 PM Dinner**

**8:00 PM Meeting**

**Reservations are due by  
Friday, February 23rd, 10am.**

**Please call Carol Asimakopoulos  
to make your reservation:**

**(425) 774-8893**

## Commodore Carol Bowen



**Brrr...**What a winter we are having! The Shreves report they still have snow on their property! The forecast for sunshine this weekend is welcome news!

This is a good time to survey the "workings" of our boats and revisit our list of things we wanted to do before the next boating season. Presidents weekend cruise into Kingston is just around the corner!

We have just returned from our annual pilgrimage to Cabo. Don Mayfield and Mary arrived a few days before our departure and we were able to get together for dinner. What fun! Don said the only thing he didn't like about being in Cabo was that he would miss our monthly dinner meeting because he always looks forward to getting together with everyone! He'll be busy fishing with RC Ron Hammill who arrived the day we left. Mary, Alicia and Alexis I'm sure will be fishing for good buys in town!

New Years Eve – WOW – What a FUN night! Our DJ was quite the entertainer! He played dancing music for all ages and tastes. Not only did he play great music, he sang and danced to the tunes also! We felt like we were "in" Las Vegas! Rosemary and Pete's decorations were awesome! They replicated the "Welcome to Las Vegas" sign and the "SAHARA" logo. Our center post was transformed into a palm tree. The wall of fame had a shimmery royal blue and silver curtain with a 2007 "Happy New Year" sign. John Peehl took our pictures in the entrance to the "Chapel of the Bells" with Elvis presiding. We even had a bouquet and mints! City Catering provided outstanding horsd'uvres and a wonderful buffet! The "Belagio" was even represented with a double tier, light and level changing water fountain. They also had a life size "Ranger Rick" greet the guys and a wedding veil greet the gals at the entrances to their respective lounges! Best of

*Continued on page 6*

## Vice Commodore Ted Newton



I will start off by saying "Sorry about that, I'm not in charge of the Boat Show dates." Yep sorry that I'm basically not available for three weeks while I get trained for and attend the Great Seattle Boat Show for ten days. Those three weeks kept me from the board meeting, the general meeting, the Grand 14 Cruise-In, and the Crab Feed and Auction. Certainly none of those events I wanted to miss, but I like staying employed even better.

I would truly like to thank each and everyone of you that helped prepare, decorate & run the auction. I would truly like to thank everyone that contributed an item for the auction as well as everyone that attended the auction and bought an item. This is a major event for us and monies made will benefit all of our members in many ways since the funds will go to both the cruise fund & the new building fund.

As far as the house, it is behaving lately with no major issues or items needing replacement. Audree continues to show and gain rentals, and Don continues to put up member pictures up on the "Boat Wall of Fame". The wall is not full yet, so continue to bring in your boat photos and we will get them up there, 8x10 color side shot going either way.

Thanks & see you at the boat show! *Ted*



**Gerri Jackson-Bell, CRS, GRI**  
Associate Broker  
Certified Residential Specialist

Cellular (206) 999-9732  
Business (206) 546-5731 Ext. 123  
Everett (425) 771-2266  
Eastside (206) 362-3921



Windermere Real Estate/Shoreline  
900 N. 185th Street  
Seattle, Washington 98133-3903  
Fax (206) 546-5741

### Membership News

Please join me in welcoming our newest members:

Paul & Melanie Wood  
32' Bayliner  
"Ohana"



If you know of anyone interested in membership let me know I'll be happy to follow up. Let your boating friends and family know about EYC and all the excitement we have going on!

For membership information call Susan Romei  
at: 425-422-5175.

Cruising Season for 2007 has Arrived!!

## Kingston

### Presidents' Day Cruise

### February 16-19, 2007

Four fabulous days of fun!

Check out the flyer posted on our web site:

[www.edmondsyachtclub.com](http://www.edmondsyachtclub.com)

Go to the "Latest News and Information" link,

And click on the Presidents Day flyer.

*Hosted by Michael & Leslie Forbis*

## EDMONDS AUTO PARTS

*Auto & Marine Parts at Wholesale Prices!*

**Come In & Check Out Our Marine Section**

Phone: 425-776-9116 • Fax: 425-778-0405  
636 Edmonds Way

E-mail: [prime.marine@comcast.net](mailto:prime.marine@comcast.net)  
[www.primemarinesupply.com](http://www.primemarinesupply.com)

Locally owned since 1971

**Mike Popke**

[mpopke@lynnwoodhonda.com](mailto:mpopke@lynnwoodhonda.com)

**Lynnwood  
Honda**



22020 Highway 99 • P.O. Box 1177  
Edmonds, Washington 98020-1177  
425-775-7575 • Fax 425-672-0500  
<http://www.lynnwoodhonda.com>

1998 & 2000 Honda Presidents Award Recipient



## CJ Dive Services

*10% Off for New Customers*

### Zincs & Propellers • Recovery

Also featuring **STAY READY SERVICE:**  
cleaning, dusting, airing out boat & running engine(s)

**John L. Clifford**

Licensed & Insured

Office: 425-741-4443 • Cell: 425-772-7865

## Rear Commodore Ron Hammill

### “I Have Arrived”





Last night I attended an EYC board meeting. We have them once a month at the club so that wasn't unusual. What was unusual was that I was the senior officer present. What power, what control, what was I doing?

We meet once a month and discuss the business of the club. This meeting was focused on the upcoming auction and crab feed, the Kingston cruise, the lease and new club house. I feel we have the right people in the right spots to help guide us through these exciting and stressful times. I remember when I attended my first board meeting as incoming fleet captain, I felt like the proverbial “fish out of water”. Now I still feel like I am swimming but I'm accompanied by a whole school of other fish with a common goal.

Participation in the affairs of the club has been and continues to be a rewarding and wonderful part of our EYC membership. If you think you might benefit or are willing to help lead the EYC in the upcoming years, don't be afraid of the involvement. My wife Alicia and I have enjoyed every minute of it (so far).

*Ron Hammill*  
Rear Commodore


 SOCIETY OF ACCREDITED MARINE SURVEYORS™



**Mechanical & System Surveys**  
**Gas & Diesel**  
**Condition & Value, Damage Claims**

**Wilson & Associates**

Mer cruiser, Mercury, Cummins, Caterpillar, OMC, Onan, Kohler, Universal, Galvanic Corrosion Analysis, Damage Inspection

Phone: (206)396-6284, (206)542-2944      Dave Wilson, AMS®E.  
e-mail: [wilhunt@hotmail.com](mailto:wilhunt@hotmail.com)      9621 241st Pl SW  
100 GT Master #916001       Edmonds, WA 98020

 **GLOBAL EXPRESS TRAVEL**

Call Allan Boyce at  
**206.812.8731**  
e-mail: [allan.gx@vacation.com](mailto:allan.gx@vacation.com)

- Great Selection of Cruises
- Sun-filled Land Vacations
- Personalized Service

*Let Us Save You Time & Money!*



**Happy Valentines Day!**

### February Calendar

Sa	<b>Feb. 3</b>	Crab Feed & Auction
W	<b>Feb. 7</b>	Pinochle, 7-9 pm
Th	<b>Feb. 8</b>	Men's Luncheon
F	<b>Feb. 9</b>	TGIF
Th	<b>Feb 15</b>	Board Meeting
	<b>Feb. 16</b>	Kingston cruise, 16th-19th
W	<b>Feb. 21</b>	Pinochle, 7-9 pm
Tu	<b>Feb. 27</b>	General Meeting
Sa	<b>Mar. 10</b>	Commodores Ball

 **Ron Hammill**  
Owner / Broker

18110 Midvale Ave. N.  
Suite 200  
Shoreline, WA 98133

Office (206) 546-5722  
Mobile (206) 818-0809  
Fax (206) 363-2663

### Handy EYC E-mail Addresses

- [pictures@edmondsyachtclub.com](mailto:pictures@edmondsyachtclub.com)**—use this address to send cruise or event pictures that you have.
- [shiptoshore@edmondsyachtclub.com](mailto:shiptoshore@edmondsyachtclub.com)**—for Ship to Shore newsletter-related information.
- [information@edmondsyachtclub.com](mailto:information@edmondsyachtclub.com)**—a general use address for questions, or if you don't know who to contact (e-mails here will probably be redirected through the board).
- [edmondsyachtclub@gmail.com](mailto:edmondsyachtclub@gmail.com)**—another general use e-mail that you might see around.
- [DrBGC@aol.com](mailto:DrBGC@aol.com)**—use this e-mail address to submit your *DOCK Talk* tidbits.

---

## Fleet Captain Wally Croasdill

---



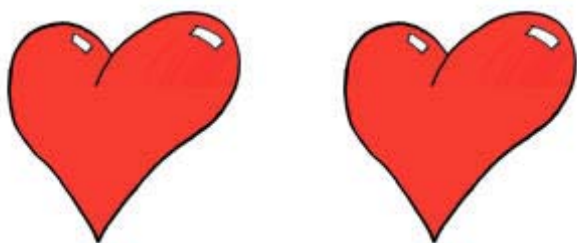
Next up is the annual Crab Feed and Auction, followed closely by the February cruise to Kingston. Michael and Leslie Forbis are the Cruise Captains for this event, and they have a great time planned for all who attend. Please be sure to get your reservations in early for dock space and to allow time for meal planning.

We have several upcoming informal cruises planned for April and June. Details will be coming soon, so be sure to watch for emails and/or check the EYC website.

Speaking of the website, how many of you visit the site periodically? It can be a great source of information.

Because of scheduled maintenance and the rough weather we have had, we may be changing our venue for the 4<sup>th</sup> of July cruise. Stay tuned for further details.

Smooth cruising to all, *F/C Wally Croasdill*



*Get Ready!*

### **Brownsville Informal Cruise April 6-8th! (Easter weekend)**

- We've rented the Brownsville Yacht Club!
- Italian potluck & breakfast!
- Great fun and camaraderie!
- Flyers will be available at February's TGIF and general meeting.

---

## Fleet Chaplain Shirley Wilson

---

### **NEVER TOO OLD**

A friend of mine was surprised recently when an older gentleman flirted with her while she was working out at the gym. Although he was probably in his 80's and she 72, they both enjoyed the attention, as well as the exercise. I believe there is a romantic spark inside each one of us that enjoys this type of playful interaction with the opposite sex no matter what our age. It nurtures our soul and gives us a little boost of confidence.

There is also a child part inside of us that enjoys physical play. Some people are much more free in this area than others. We have always been taught that we need to grow up and mature, so we often turn our back on the free spirit inside that wants to cut loose, dance and play. After all, it's not very dignified, we say to ourselves. So it's great when the truth is known: the truth being that play of some type is not only important, but essential to our well being.

An article in the AARP Bulletin last month talked about someone who has taken it a step farther, suggesting playgrounds for grownups! Horst Forther, deputy mayor of Nuremberg, Germany, is planning an outdoor playground in the city with giant chessboards, card-playing areas, a running track and a padded badminton court. The article further states that, "Only those 60 and over are allowed. The idea started in Finland, where the University of Lapland has experimented with making activity more playful for young and old. Forty test patients between 65 and 81 showed improved balance, coordination, and speed after three months on a playground with climbing frames, swings and seesaws. They also built muscle and reduced fat."

It's no secret that we all need exercise and we all need fun, so why not combine the two and make the exercise fun? Playing with our grandkids could do the trick, or doing something distracting while we exercise, like reading or listening to upbeat music. This can make what seems like a chore, something we look forward to. I like to read my Bible while I exercise on my recumbent bike. That's fun for me. I finish the routine feeling inspired as well as

*Continued on page 6*



# DOCK TALK

Due to lack of submissions, the Doctor is skipping DOCK Talk this edition, I fear.

Please put on your thinker and then try to figure What info you know and can share.

To all our great people, our goal is to tickle A funny bone here and there.

But it ain't gonna happen unless EYC Captains Contribute with prose full or spare.

Your First Mate, mister, may also whisper Happenings on your boat or ashore.

So let's not forget, this section of text Is designed to share thoughts and not bore.

Now don't be late! Write down the date To send in your comments and lore.

I promise to read them, maybe edit or delete them, But info--I've got to have more.

**DOCK Talk Submissions for the "Quarterly" Edition Are due the fourth Tuesday next month.**

So make it your duty to put something cutie On paper for the Doc to share.

With this act accomplished, you may be astonished, At all the interest that's there.

Your words need not be sterile or your reputation imperiled But DOCK Talk is gasping for air.



Send your news of note to [DrBGC@aol.com](mailto:DrBGC@aol.com). Confidentiality guaranteed.

**UNITED MARINE**  
**Yacht Service Centers**

*Systems Installations and Upgrades*

- We Put toys on Yachts!!
- Bottom Paint/Underwater Gear
- Water Makers/Heating Systems
- Navigation Systems/Auto Pilot
- Bow and Stern Thrusters
- Davit Systems, Security Systems
- Electronics/Inverters/Gensets
- Sanitation Systems/Custom Canvas
- Repowers/DriveTrains/Diagnosis
- Annual Maintenance and Repair

WWW.UNITEDMARINE.US

**425-257-9454**

**PINELAKE**  
FINANCIAL GROUP  
*Your Mortgage Solutions Partner*



**Paul Wood**  
Loan Consultant


Cell # (206) 498-9860  
pwood@pinelakefinancial.com

15935 NE 8th St., Ste. B-201, Bellevue WA 98008  
Ph: 283-1960 • Fx: 425-283-1963 • www.pinelakefinancial.com



Alicia A. McCullough, M.A./A.B.S  
Hypnotherapist  
(425) 772-8140

Welcome Aboard  
18"x 27"  
Available White On  
Ocean Blue ONLY



**\$40.00**  
*(Includes Sales Tax & Shipping)*

To Order Contact  
**RON THODY**  
(206) 546-2271

## Commodore Carol Bowen, *continued*

all was the group of people we shared the evening with! We had a wonderful time! THANK YOU Rosemary and Pete Collins!!!

This weekend (the last of January) we are attending the Grand 14 Officer cruise in where I will get to "revisit" my history of going thru the chairs. Rumor has it VC Newton had his special agents sleuthing around for content!

Many events and opportunities for helping are coming. Please consider making the time to sign on and lending a hand! If you want to know where help is needed please call me!

*Commodore Carol*

### Dennis "Dutch" Heetbrink, PRC

Realty Consultant

Direct: 206-234-5660

18110 Midvale Ave. N.  
Shoreline, WA 98133  
Fax: 206-363-2663  
Email: dutch@heetbrink.com  
Website: www.heetbrink.com



# Olympic

BOAT CENTERS

BAYLINER • MAXUM • MERIDIAN  
TROPHY • LOWE • MERCURY

**TED NEWTON**

Two Million Dollar Club

*New & used boats and yachts • I can sell your boat for you  
Hands-on training with every boat • 35 years of boating experience*

10 E. Allison St. • Seattle, WA 98102 • Cell: 206.909.4519  
www.boatnut.com • e-mail: ted.newton@boatnut.com

Law Offices of:

***Brislawn Lofton Gregorek, PLLC***

**Rick Gregorek, MBA, JD**  
*Attorney & Counselor at Law*

**Wally Croasdill, CPA**  
*Tax & Compliance Manager*

ASSET PROTECTION  
BUSINESS PLANNING  
CHARITABLE PLANNING  
ESTATE PLANNING  
PROBATE  
REAL ESTATE MATTERS  
TAX AND ACCOUNTING  
WILLS AND TRUSTS

FREE INITIAL CONSULTATION

**425.803.9500**

## Never Too Old, *continued*

invigorated because I've nurtured my spirit as well as my body. That's really multitasking!

We each need to figure out what works for us. The important thing is we are never too old to do something. I have an exercise video, titled, "Now You Can," made by Rita Moreno, an actress who won an Oscar for her performance in the movie, "West Side Story." She was a young woman when she made that movie back in 1961. However, she still looks good after all these years, and more important, she is still healthy and able to perform. On this video, she does a low-impact routine designed specifically for the more mature body. One of the things she suggests is working with colorful scarves, letting them float around you, creating an aura of beauty. She assures us we can be "fit and fabulous forever."

Whatever your choice may be, I encourage you to find a way to get the body moving and have fun doing it because you're never too old!



### Visit the Ship's Store

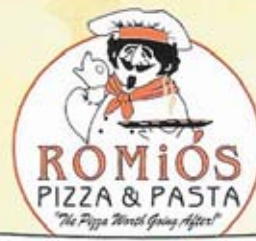


*Will the groundhog announce that spring is here?  
Either way, we have plenty of cold weather  
and warm weather clothing to choose from!*

Also, check out the items available online!  
See the link from our homepage:  
[www.edmondsyachtclub.com](http://www.edmondsyachtclub.com)

**Thanks!**

*Sharon Croasdill, Christel Osterstrom, & Debbie Gregorek*



**Our Best is THE Best!**

**Peter Stratiev  
Penka Stratieva**

**ROMIÓS EDMONDS**

**DINE-IN - TAKEOUT - DELIVERY**

**425-744-0284**

Fax: 425-744-0509

630 Edmonds Way  
Edmonds, WA 98020

[www.RomiosEdmonds.com](http://www.RomiosEdmonds.com)



## SUNSHINE REPORT

Our sincere condolences to:

Kathy Armstrong on the passing of her sister.

Sharon Croasdill will be having her second hip surgery on Monday, the 29th.

Wishing all EYC members and their families well....Mary Krzeszowski



## EDMONDS YACHT CLUB CONTACTS

Commodore Carol Bowen	(425) 771-0887
Vice Commodore Ted Newton	(425) 821-0731
Rear Commodore Ron Hammill	(425) 776-8140
Fleet Captain Wally Croasdill	(425) 771-4724
Secretary Denise Coleman	(206) 542-7172
Treasurer John Keyes	(425) 776-6443
Fleet Chaplain Shirley Wilson	(206) 542-2944
Club Rental: Audree Bentzen	(425) 744-1014
Web/Ship to Shore: Paul Harris	(425) 774-4837

Web e-mail: [information@edmondsyachtclub.com](mailto:information@edmondsyachtclub.com)

[www.edmondsyachtclub.com](http://www.edmondsyachtclub.com)

### Eileen Schoener Design, Inc.

*Interior Design    Custom Cabinetry*

**Eileen Schoener**  
President/Owner  
NWSID, Allied Member ASID,  
MBA, NKBA

425-450-9055  
425-450-9056 fax  
206-786-2895 cell  
Email: [dsgnr2@aol.com](mailto:dsgnr2@aol.com)  
[www.esddesign.com](http://www.esddesign.com)

Showroom: 1449 130th Ave NE - Bellevue, WA 98005

## Favorite Holiday Recipes!



### *Easy Valentine Chocolate Covered Strawberries with Champagne*

- Purchase your favorite Champagne and chill.
- Buy fresh strawberries that have their stems intact. Wash, dry and refrigerate the strawberries. (Cold strawberries will cause the chocolate to harden and there will be less dripping.)
- Chocolate dip: Buy a jar of Nutella, a European chocolate hazelnut spread (available in specialty and most grocery stores).

Place 1 cup of Nutella in a double boiler or fondue pot. Add 1 to 2 Tablespoons of heavy cream. Heat over low heat! Add more heavy cream as needed until the consistency of heavy cream (does that make sense?).

Serve the strawberries and the champagne to your favorite Valentine.



## EDMONDS YACHT CLUB MEN'S LUNCHEON

The next Men's Club Luncheon is at:

Arnie's Restaurant

Date: Thursday, February 8th

Time: 11:30 am

*For more information contact  
Metch Krzeszowski, 425-776-1372*



## *Brown's Catering*

*"Exceeding Your Expectations"*

**Anthony Reeves**

Executive Chef

**206.228.2274**

**Private parties, Weddings & Corporate events**

[www.browns catering1972.com](http://www.browns catering1972.com)

[Anthony@browns catering1972.com](mailto:Anthony@browns catering1972.com)

Established 1972

# TGIF

February 9, 2007

***Lasagna!!!***

***Brought to you by Dan and Ann Walther (and Costco)***

A-E: Salads to serve 6 or more people

F-O: Desserts to serve 6 or more people

P-Z: Appetizers to serve 6 or more people

\$3.00/adult (\$1.00 children age 12 and under)

**BYOB**

**6:30 PM Social Hour**

**7:00 PM Dinner**