



**EDMONDS
YACHT CLUB**

April 2011

Happy Easter!
General Meeting
April 26, 2011

Mexican Fiesta!

*Arroz con Pollo and/or
Arroz con Camerones, chips & salsa,
and salad.*

Catered by Harry Duncan & crew

COST: \$22.50 per person
(price includes drinks)

6:00 PM Social Hour

7:00 PM Dinner

8:00 PM Meeting

**Reservations are due by
Friday, April 22 at 10 am.**

**Please call Signe Olson
to make your reservation:**

(425) 774-5593

gladflower@hotmail.com

Commodore Michael Forbis



Leslie and I greatly appreciated all the hard work everyone put into the Commodore's Ball. P/C Wally Croasdill led a great team of planners and decorators to pull off a very grand event in my honor. I was first surprised by a limousine ride to a special pre-function get together, courtesy of Bill and Vicki Forssell. Upon our arrival at the club, we were greeted with a theme cocktail "Salmon Tini" created by R/C Gary Bruner. But, before our first sip, we were offered the delectable hors d'oeuvres made by Ingrid Bruner. P/C Bob Petrie designed the napkins with a silver foil embossed picture of our boat and Wally had commissioned an ice sculpture of *Crewless* as well. John Keyes designed and built a "sea of fish" for the under-the-sea theme. The decorations, led by Sheryl Bower, were wonderful and the tables were set so elegantly. The caterer, Twelve Baskets, presented a wonderful meal and the live band was great. The picture boards were carefully decorated by Denise Coleman. And P/C Ted and Debi Newton helped by taking reservations and signing people in. A special thanks to all who helped with this grand event, and I apologize if I missed anyone!

On March 17 we had fun time at the Saint Patrick's Day party. Lorie Jones led a super crew in the kitchen to cook potatoes, cabbage, and corned beef. The dinner was fabulous! There was special entertainment by a local group of River Dancing Kids. Thanks to Mary Pat Thorpe for arranging the dancers.

Keep your eyes open for Cinco de Mayo on (you guessed it) May 5. Tom Allison and Bill Forssell and a few others are planning the Cinco de Mayo party this year. Stay tuned for the flyer. The cost will only be \$5 this year so come out and have another good time with your friends at the Edmonds Yacht Club.

Have you ever wondered who decides what's for dinner? Or, when and where the next cruise will take us? It is the Social and the Regatta Committees! Being on a committee does not get you assigned to cook the next meal. So heed the call and come to the next Social Committee meeting! Call or email (forbism@frontier.com) and let me know you are planning on joining us! Now is the perfect time to help with the planning for next year.

Remember to send your *Dock Talk* ideas and stories to Peggy Peterson at (twofathoms@comcast.net). If you see or hear something interesting to the rest of the club, please send it to Peggy so she can include it in *Dock Talk*.

Continued on page 6

Vice Commodore Harry Duncan



As part of our journey through the chairs since our rear-commodore year we have been honored to be representatives of the club in the Grand IV, a group of 14 yacht clubs of which Edmonds is a part. During the rear- and vice-commodore years we attend seven Junior Officers Balls each year, usually themed, at the various clubs including our own. You may recall that the theme of our JO Ball

a year ago last January was "Prime Time TV Reruns," and Sandi and I were dressed as characters from Laugh-In. During the past two years we have been Dos Amigos; I was the lesser known 5th Musketeer, Harée Dúncahn (lesser know because he ran and hid from his enemies) and Sandi was my wench; we were "tune-in, turn-on, drop-out" hippies; I was a machine-gun toting gangsta from the 20s and Sandi was my moll; we were beret-wearing arteests from France; and I was a biker dude and Sandi my biker babe, and so on. This past weekend was our final Junior Officer's ball at Olympia Yacht Club where we dressed as a couple of 50's folks for the theme "Back to the Future." We have established what we think will be lifelong friendships with our 13 counterpart couples and have had some really fun times.

But being associated with the Grand IV is not always just fun and games. We get together, mostly informally, with our counterparts and sometimes the two other classes of officers and we talk about yacht club things such as policies and procedures, what other clubs do to raise money or what they do to attract new members and/or retain current members. Being part of the Grand IV affords us an opportunity to share ideas, and after some of our get-togethers we often go back to our own clubs brimming with new ideas and inspirations that might help us perform our jobs better.

We thank the members of the Edmonds Yacht Club for giving us the opportunity to not only serve you, but to represent you in the great tradition of the Grand IV, an affiliation we believe that truly benefits our club.

Harry and Sandi

Alicia A. McCullough, M.A./A.B.S.
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Rear Commodore Gary Bruner



During this past year, Ingrid and I have experienced tremendous joy on our journey through the Chairs with our club and the Grand 14. To those P/C's who told us that this is an experience to enjoy for life, thank-you. You were so right! This past month we have had an incredible time at the Seattle YC JO Ball (we survived) then our own fabulous Commodore's Ball honoring Michael and Leslie.

Our most recent JO Ball this past weekend was at Olympia YC. For Ingrid and I the theme of "Back to the Future" turned out to be more fact than fiction. There is a theory about life called "6 Degrees of Separation." Well, my friends, we can attest to the reality of that theory. With this theme of "Back to the Future", we traveled back 42 years and returned in one night. While listening to introduction of some of the members of OYC on Saturday night, one member, the Fleet Sail Captain, Rick Bergholtz, was introduced. Well, surprise and shock took over at that point for me. While Ingrid and I were enjoying dancing, I talked with her about this member, Rick, of OYC. We finally agreed on a way to ask him some questions about his past without being too forward. And Surprise!!! Indeed, this Rick was our friend from the Navy 42 years ago. He and I went to Navy Corps School together and then Naval Surgery School in California. Following this almost 1+ year together, in typical military fashion, we went our separate ways, but we always had close connection. We visited him once after Viet Nam in Bellingham, but life took us down different roads. But life's journey is always a surprise. It seems to bring people back together again without any notice.

So to everyone, never be surprised where our life's journey takes you. Without this experience in the Grand 14, Ingrid and I would probably never have reconnected with our friend. So if you have an opportunity to travel a new road, seize the day. Going through the chairs is my new road, one I am thoroughly enjoying. It has given me the opportunity to make new friends and reconnect with old friends.

On to Daffodil festival in Tacoma, Opening Day and summer cruising! Think positive for perfect weather.

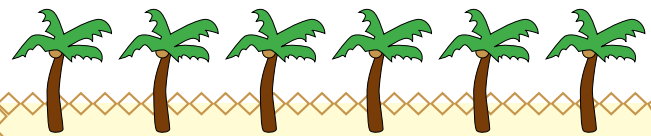
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2011 Cruise Schedule

Apr 15-17	Tacoma Daffodil
May 6-8	SYC Opening Day
May 27-30	Bremerton, Mem. Day
June 17-19	Pt. Hudson CC*
July 2-5	Lopez Island, Indep. Day
July 5-13	Commodore's cruise
July 22-24	Bell Harbor CC*
Sept 2-5	Pt. Ludlow, Labor Day
Sept 16-18	Brownsville CC*

*CC = Casual (no-host) Cruise

As it becomes available, cruise information will be posted on www.edmondsyachtclub.com.

WIC 2011 Luncheon Schedule:

April 14 (Thursday) — Edmonds YC
May 25 (Wednesday) — Olympia YC

If you would like to sign up for the next luncheon, call Ingrid Bruner, 425-488-6647 or Sandy Hertz, 206-364-1304.

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Fleet Captain Ralph Olson



Are you going to join the festivities in Tacoma on April 16 through the 18 for Tacoma Yacht Club Daffodil Marine Regatta, the opening of the boating season in the South Sound? EYC is planning on having an Officer's Boat (i.e., *Crewless* captained by Michael Forbis) at the event and you can participate by registering at TYC's web site: tacomayachtclub.org. You can also participate by driving to the event and still have fun.

THE OPENING DAY for most of us boaters will be May 5 through 8 at the Seattle Yacht Club/Queen City Yacht Club. Space on the log boom is being coordinated by Paul Harris and if you want to participate in the Yacht Parade to contribute to EYC's participation trophy, contact Jim Metcalf, Tom Allison or P/C Ted Newton. Coordinating moorage at the Queen City Yacht Club and other events at the Seattle Yacht Club will be Jim Metcalfe. The EYC Officer's boat will be provided by Paul and Christel Osterstrom and the Host Boat at Queen City Yacht Club will be provided by R/C Gary and Ingrid Bruner. Watch for an announcement soon for the next planning meeting. This is an event that should be on everyone's bucket list.

The final planning is underway for Pirates from the EYC to invade the Port of Bremerton on Memorial Day weekend, May 27 through 30. Spaces are filling up so make sure you reserve a spot by filling out your reservation form and returning it to P/C Pete Almgren. As a starter, drop Pete a note at p.almgren@comcast.net so he can put you on the list. Cost will be a miserable \$25 per person, and will include a catered bbq dinner on the *Turner Joy* and a pancake breakfast put on by the Lion's Club. How can you lose! Because the marine is built well into Sinclair Inlet, there can be tricky currents in the area. To ensure a happy landing, it is advised to arrive during slack tides. On May 27, low tide is at approximately 9AM and high tide is at approximately 3:30PM. If you won't arrive until Saturday, May 28, the low and high tides are at 9:30AM and 4:30 PM respectively. (If you are arriving early, say Thursday, the low and high tides are at 8:19AM and 2:00PM.) To help in mooring, there is planned to be a fleet of inflatable "tugs" to provide assistance and a push and a shove if needed. Beware of boarding parties...ARRR! A Regatta Committee/Cruise Planning meeting will be held in early April, so again, watch your calendars.

Slips are being assigned for our 4th of July Cruise to Fisherman Bay, so if you have not already reserved your place, get in touch with Cruise Captains Rob and Kelly Meldrum and the Islander Resort (1-800-736-3434, 360-468-2233), ask for Kathy and identify yourself as from EYC. We have received information from the Washington State Dept of Fish and Game that recreational crabbing in the San Juan Islands will not open until July 14 (July 1 in Puget Sound), so we will all be very crabby about this turn of events.

Ralph Olson
Fleet Captain

Motivational Speaker Alicia McCullough-Hamill

*"April is a promise that May is bound to keep."
Hal Borland*

The April rain in its ever-presence is cleansing and continually washing away what nature deems must go. Sometimes this cleansing makes sense to us, like when the air is freshened and when the flowers satisfy their thirst. But sometimes this washing away appears senseless... Why the devastating earthquake followed by the tsunami in Japan? Why the toxic aftermath?

When natural disasters occur, we often feel disconnected from the world we thought we knew. How do we recover? As Mother Teresa said, "We can do no great things, only small things with great love." Using her words as guidance, we can begin to heal the devastation through great love.

One healthy practice to get us back on track, to help us find our own inner strength so that we are able to reach out and help others as well, is to focus on gratitude for all of the gifts in our lives. Noting what I am grateful for in this moment, I must list my good health, my vitality, my loving husband, my beautiful daughter, and my many, many friends.

As I focus on the gratitude I feel for my loved ones, I harken back to these words that my Mother often uttered to me in times of stress: "Pick yourself up by your bootstraps!" Today I realize the wisdom of these words: when I feel disconnected, I purposefully commit myself to reconnect through gratitude with all of my loved ones. Rather than wallow in the paralysis of my woes, I choose to focus on re-engaging in life.

Here are some additional wise words that propel me into action: "Don't be pushed by your problems. Be led by your dreams" (author unknown). My dreams revolve around my loved ones. So as I reconnect with my EYC boating family, I take a moment to digest these wise words by Jean-Paul Sartre: "Only the guy who isn't rowing has time to rock the boat."

If each of us in the Edmonds Yacht Club continues to row our boats, to remember to engage in living life in gratitude for all of the love that we share, we can do our part to navigate seemingly impossible obstacles. We can choose to arrive in a place where we are grateful that the ever-present April showers freshen the air we breathe. We can choose to celebrate the ever-



Continued on page 5



Sunshine Report

Editor's Note: *Sunshine* Lady Mary Krzeszowski recently lost her mother shortly after she suffered a serious stroke. Our thoughts are with Mary and her family.

Norma Sola-Pierce started her chemotherapy on March 21st at Seattle Cancer Care Alliance for appendix cancer cells. She has 3 more treatments to go. Norma says she is doing her best to stay strong. We know she is definitely one strong lady and she inspires us all.

Our sincere condolences go to the family of former member Ray Renard. Ray passed away on the 16th of Feb; he was 95 years old.

Wishing all EYC members and their families well...
Mary Krzeszowski

Alicia McCullough-Hammill, *continued*

present rain in "April [as] a promise that May is bound to keep."

I would like to end with these life-affirming words by Anne Frank: "How wonderful is it that nobody need wait a single moment before starting to improve the world." Thank you, fellow EYC members, for improving my world.

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Michael Forbis, *continued*

Don't forget to check the EYC website (edmondsyachtclub.com) for information about upcoming events. Just click on the calendar at the top of the page and click on the events on the calendar. You will find the event flyers and the newsletter as soon as they're ready. I'm planning to hold another website session with Cameron at the April TGIF. So if you need help getting signed-on to the website, come to the April TGIF.

My boat does not look as clean as the print on the napkins or the ice sculpture at the Commodore's Ball! Since I plan to go to Daffodil, I'm cleaning up *Crewless* this weekend. I'll be sure to check all the sea cocks before launch and I plan to run the engines at the dock and check the gauges and bilges before heading to the fuel station. I hope you all do the same!

Happy Boating!
Commodore Michael Forbis



Commodore Michael & Leslie Forbis at their Commodore's Ball

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Dock Talk

At last month's general meeting, the Peterson's asked for input and tidbits for inclusion into the Ship-to-Shore. P/C Dick Potter was kind enough to come forth with several items of interest.

Jeff Potter (*Dogfather II*) recently took a road trip which took him to the Tri-cities, then on to Phoenix, Las Vegas, and Sacramento. Jeff evidently made enough money in Vegas for a sidetrip to the Grand Canyon complete with his first helicopter ride. A whole new meaning to "living on the edge".

P/C Eileen Schoener (*Tatoosh*) just completed TWO degrees, at the University of Washington.... in Humanities and English Lit. Make sure you congratulate her on her outstanding efforts next time you see Eileen. Way to go !!

Dick and Genie Potter (*Magic Lantern II*) are heading South, seeking warmer and hopefully drier weather. The first week will be in Palm Desert, then a week in Carlsbad before boarding a cruise ship for a trip through the Sea of Cortez before it repositions to Vancouver, then taking the train back home to Edmonds.

Dick and Genie Potter are also very busy developing a new business venture. They are forming Edmonds Tour Group to organize escorted group day trips to the delightful historic Edmonds. The focus is to bring visitors at conventions and meetings in downtown Seattle to Edmonds for an "Edmonds Kind of Day." They will transport guests to Edmonds by boat, with the return trip by motor coach. This sounds exciting and the EYC is waiting to hear more about this business as it grows. Perhaps luncheons at Edmonds Yacht Club??

Thanks to P/C Potter for the above items of interest to all.

The first Annual EYC Ski Day was a lot of fun. Doug Ballard, Karen Metcalf and the Peterson's had a great Mid-March day of skiing and lunch at Stevens Pass. Watch for next year's EYC trip and join in.

REMEMBER: The Dock Talk is YOUR part of the monthly newsletter where YOU get to tell, share, brag, or announce happenings in your life you wish to share with YOUR EYC family and friends. If YOU have an upcoming event, trip, or announcement, let Peggy Peterson know and Dock Talk will present it to our club. We want to hear from YOU.

Send to: edmondsboating@hotmail.com

M E N O N L Y



EYC Men's Luncheon at Arnie's Restaurant
11:30 am, Thursday, April 14
Contact Metch Krzeszowski for info: 425-776-1372



EYC Ladies Lunch
11:30 am
Thursday, April 7 & May 5

Join us at the clubhouse and don't forget to BYOBBL*
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April 8, 2011

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with garlic bread!

Hosted by Gary B. & Michael F.

\$4 adults, \$1 kids (12-under)

6 pm is social hour
7 pm is dinner
BYOB

Please note: When you bring your dessert, appetizer, or salad, remember that it needs to be apportioned for 8 of your yacht club friends. *Thanks!*

A-C Desserts
D-N Appetizers
O-Z Side Dishes

Th	Apr. 7	Ladies Brown Bag Lunch
F	Apr. 8	TGIF
Th	Apr. 14	WIC Lunch @ EYC
Th	Apr. 14	Men's Lunch
W	Apr. 21	Board Meeting
Tu	Apr. 26	General Meeting
Th	May 5	Ladies Brown Bag Lunch
Th	May 5	Cinco de Mayo party
	May 6-8	Opening Day

More information about cruises and events can be found on our EYC web site.